



WHISTLER ADVENTURE SCHOOL

COVID 19 – Travel and Quarantine Protocol for International Students arriving in Canada to attend the Whistler Adventure School (WAS)

October 15 2020

Student procedures upon arrival into Canada

Upon arrival and clearing customs, students will take a regulated airport taxi service to one of the following approved Quarantine Hotels (see list below), or to another approved quarantine location of their choice within 25km of YVR.

All students must submit their Quarantine plan to the Canadian Health Services. Consult this link for details: [For travellers without symptoms of COVID-19 returning to Canada](#)

A mask must be worn at all times while in transit to the quarantine location and physical distancing must be maintained whenever possible during transit.

WAS staff will work with the student to determine the best option for the individual before their arrival in Canada. The student will complete their quarantine plan and it will be submitted to the BC government prior to entering into Canada.

1. [YWCA Vancouver:](#)
\$75 plus 17.5% taxes per night. Total \$1233.82 for 14 nights taxes included *
Room Type - Standard double, private bathroom with microwave, fridge, free wifi, free local calls, lists of food and essentials deliveries provided.
2. [Sandman Vancouver City Centre:](#)
\$55.00 plus 17.5% taxes per night. Total \$904.82 for 14 nights, taxes included*.
Room type: Standard Queen Room or Standard Two Double Room
3. [Sandman Suites Vancouver – Davie Street.](#)
\$75.00 plus 17.5% taxes per night. Total \$1,233.82 for 14 nights, taxes included*.
Room Type: Queen Suite or Twin Single Suite.

**All prices are stated as quoted by the property at time of printing this document and are subject to change without notice*

The listed properties all have expanded their cleaning and covid readiness protocols to be able to host students for the quarantine period in safety. A list of delivery services and support will be provided to each student upon check-in at the property, and support services will be discussed and provided to the student by WAS staff.

During the 14 day quarantine, a representative of the school (Shelley Quinn, Anik Champoux or Diane Riley) will contact the student by phone or text every 72 hours (minimum 2x per week) and can speak as needed to provide emotional support.

Students in quarantine should monitor their health and watch for any signs or symptoms - see this link with a helpful video provided by the Government of Canada:
<https://www.canada.ca/en/public-health/services/video/symptoms-covid-19-tips-prevention.html>

All students will be provided with the reference materials provided by BC Centre for Disease Control prior to their arrival in Canada:
<http://www.bccdc.ca/health-info/diseases-conditions/covid-19/guidance-documents>
pertaining to medical health and services available during their quarantine.

Students will be directed to download the app for self-assessment on <https://bc.thrive.health/> prior to arrival in Canada and to check their health regularly on this app.

Once in Canada, for medical advice about Covid 19, students will be directed to call 8-1-1 (HealthLinkBC) or visit www.vch.ca/COVID19, and if they have symptoms compatible with COVID 19 they should follow the directions listed at www.vch.ca/COVID19.

Students can also access the full range of information on the BCCDC regarding testing, isolation, self care and support. The BCCDC is the ultimate authority for students to consult with regards to COVID 19 and protocols once in Canada.

The closest Urgent care facility to these quarantine hotels is the City Centre Urgent Primary Care Centre: 1290 Hornby St, Vancouver, BC V6Z 0A3.
Phone Number: 604-416-1811
<https://www.citycentreupcc.ca/>

If it is determined that a student needs to take a COVID test and ultimately tests positive for COVID19 during their quarantine, they will follow the directions given by the medical professionals, and the school representative, Shelley Quinn will be in contact with the student and their family to ensure that the students' needs are being looked after. Students should also review the WAS

More details are available on the WAS Covid 19 Safety Plan which is posted on the WAS website at this link: <https://whistleradventureschool.com/covid-19-coronavirus/>

Upon completion of the mandatory quarantine, the student will be able to make their way to Whistler to their accommodation and commence classes. All students will be contacted and be sent the WAS Covid 19 safety plan and will be familiarized with all of the WAS Covid safety protocols prior to commencing class.

Please reference the document WAS Covid 10 Safety Plan for additional information on the protocol for all students and staff at the Whistler Adventure School.

Upon arrival in Canada, and at any time during their time at Whistler Adventure School, any students requiring Mental health assistance will be directed to contact Whistler Community Services Outreach services: <https://mywcsc.org/contact-outreach/>

At WCSS, our team of Outreach Workers provide no-cost, confidential support for those experiencing challenges with mental health, financial insecurity, advocacy, physical health and injury, housing, food insecurity, substance use, employment, family/friend relationships, parenting support or violence/conflict in relationships.

Typically, our team is mobile, and can reach clients wherever they are. For the time being, most of our services are offered virtually but let us know what you need. During the COVID-19 crisis, we are all in this together and our Outreach team wants to help. It's ok to not to be ok. We are here to listen and offer support.

Please reference the document **WAS Covid 10 Safety Plan** and the **WAS Covid 19 Policies for Students and Staff** for additional information on the protocol for all students and staff at the Whistler Adventure School.