# Adventure Tourism Programs – Required Gear

The lists below itemize the equipment required by course for both the AT-Winter & AT-Summer Programs.

Please note:

- larger pieces of equipment can often be rented from the instructor for the duration of a specific course.
- personal items such as clothing need to be purchased.
- there is a partial pgear kit available to rent directly from WAS (see the Alpine Climbing course gear list for more detail)
- the remainder of the equipment can be purchased or rented from local suppliers.

#### ATW - Backcountry Ski/Snowboard

- First Aid Kit/metal pot/chemical hand warmers
- o Splint
- Silk Tarp 10/12 feet
- Extra winter gloves/Hats
- Large garbage bag
- Eye protection sunglass
- Sunscreen & lip balm
- Pocket knife
- Lighter/matches/Flint
- Notebook & pencil
- Cell phone
- Food/thermos/H2O
- Maps/compass/GPS/altimeter
- Down Jacket
- Extra clothes
- o Bush saw
- Ski pants
- Ski jacket
- Googles
- 35L backpack
- Skis/Splitboard
- Collapsible Poles
- Ski/Snowboard boots
- o Helmet
- Avalanche Transceiver
- Avalanche Probe
- o Shovel

- o 2 x ski straps
- o Climbing Skins
- Snowshoes (if snowboard snowshoeing)

#### **ATW - Outdoor Survival Skills**

- First Aid Kit/metal pot/chemical hand warmers
- o Splint
- Silk Tarp 10/12 feet
- Extra winter gloves/Hats
- Large garbage bag
- Eye protection sunglass
- o Sunscreen & lip balm
- o Pocket knife
- Lighter/matches/Flint
- Notebook & pencil
- o Cell phone
- Food/thermos/H2O
- Maps/compass/GPS/altimeter
- Down Jacket
- Extra clothes
- o Bush saw
- Snow pants (winter only)
- Winter jacket (winter only)
- o Gaiters
- 45L backpack
- o Snowshoes
- o Hiking Poles
- $\circ$  Winter hiking boots
- $\circ$  Sleeping bag (-15C for winter)
- Cooking stove and pots
- o Hiking Poles
- Winter hiking boots

### ATW & ATS - Experiential Leadership and Guiding

- First Aid Kit/chemical hand warmers (optional)
- winter gloves/Hats
- Large garbage bag
- Eye protection sunglass

- Sunscreen & lip balm
- Pocket knife
- Lighter/matches/Flint
- Notebook & pencil
- o Cell phone
- Food/thermos/H2O
- Down Jacket
- Extra clothes
- $\circ$  Bush saw
- o Rain Pants
- o Rain Jacket
- Snow pants (winter only)
- Winter jacket (winter only)
- 45L 35L backpack
- o Snowshoes
- Hiking Poles
- Warm hiking boots

#### ATS – Backpacking

- o First Aid Kit/metal pot/chemical hand warmers
- o Splint
- Silk Tarp 10/12 feet
- Extra winter gloves/Hats
- Large garbage bag
- Eye protection sunglass
- Sunscreen & lip balm
- Pocket knife
- Lighter/matches/Flint
- Notebook & pencil
- o Cell phone
- Food/thermos/H2O
- Maps/compass/GPS/altimeter
- Down Jacket
- Extra warm clothes
- o Bush saw
- o Rain Pants
- o Rain Jacket
- Snow pants (winter only)
- Winter jacket (winter only)
- o Gaiters

- 75L backpack
- Snowshoes (winter only)
- o Hiking Poles
- Hiking boots
- 20m rope (8mm)

## ATS - Alpine Climbing

- First Aid Kit/metal pot/chemical hand warmers
- Silk Tarp 10/12 feet
- Extra winter gloves/Hats
- $\circ \quad \text{Large garbage bag}$
- $\circ$  Eye protection sunglass
- Sunscreen & lip balm
- Pocket knife
- Lighter/matches/Flint
- Notebook & pencil
- o Cell phone
- Food/thermos/H2O
- Maps/compass/GPS/altimeter
- Down Jacket
- Extra warm clothes
- o Rain Pants
- Rain Jacket
- o Gaiters
- 35L backpack
- o Hiking Poles
- Hiking boots

#### Technical Gear

- o Harness
- Helmet
- Rock Climbing shoes (optional)
- Rope 60m/9mm (optional)
- 2 X Short Prusik 1.5m (6mm)
- Long Prusik 5m (6mm)
- Single Shoulder sewn sling (dyneema or nylon)
- 2 X double Shoulder sewn sling (dyneema or nylon)
- 1 X triple Shoulder sewn sling (dyneema)
- Hollow Block long (optional)
- Belay device (reverso or BD guide)
- 5 X Locking carabiner (screw gate or triple locking)
- 4 X non-locking carabiner
- Pulley (optional)
- Macro traction Petzl (optional)
- T-block (optional)

- 10-12 quickdraws (half sport/half alpine)
- 10-12 cams (small to #4)
- 10-12 nuts (small to #2)

Alpine days extra gear

- $\circ$  Mountaineering boots
- $\circ$  Crampons
- $\circ$  Ice axe
- Food and water

Overnight extra gear

- o 70L backpack
- Tent or bivi
- Sleeping bag -5C
- o Mattress
- Stove and Fuel
- Food and water

#### WAS RENTAL KITS

There is the possibility of renting the following package at WAS for \$150 CAD.

(must be reserved at the time of enrolment as the # of kits are limited)

WAS Rental Kits include:

- Ice axe, alpine ice axe 50 cm to 70 cm shaft
- Ski touring harness
- D shaped locking carabiner x 3 (pear shaped are fine too)
- TRI lock or directional carabiner x 1
- Non-locking carabiners x 3
- Belay device (Petzl Reverso 4 or Black Diamond Guide)
- 120cm sewn sling, spectra
- 1.5 m 6 mm cord / Prussik
- 5 m 6 mm cord / Prussik

# **ATS - Introduction to Downhill Biking**

Full suspension mountain bike (rent or own)

- Bike Helmet,
- Bike Protective pads
- Bike Gloves