

Whistler Adventure School
Ski/Snowboard Guide Course

General Equipment:

- Backpack (25-35L)
- Repair kit (for your gear or your groups gear)
- Headlamp
- Multitool (more than just a knife, think repairs)
- First aid kit (we will cover some first aid in the course)
- Extra batteries for devices or battery bank (optional)
- Sunscreen (SPF 30 minimum)
- Sunglasses & goggles
- Bush saw (for cutting trees)
- Lighter and fire starter
- Sil Tarp (lightweight designed for wilderness survival)
- Accessory cord (thin diameter for sil tarp rigging)
- Satellite communication device (Inreach, spot, zoleo - optional)
- Splint
- Water bottle (1 – 2 L) / Thermos & Food
- Chemical hand warmers

Winter Travel Equipment:

- Avalanche transceiver (3 antenna)
- Avalanche Shovel
- Probe (240cm or longer)
- Skis or Splitboard
- Touring bindings
- Skins (cut for the skis/splitboard)
- Ski Poles
- Ski/Snowboard boots
- Helmet
- 2 x ski straps

Clothing:

- Waterproof ski pants
- Waterproof ski jacket
- Insulated mid-layer jacket (fleece, synthetic, wool, down)
- Warm puffy jacket (down or synthetic)
- Base layers (wool or synthetic)
- Synthetic or wool underwear
- Min 2 pair of Socks (wool or synthetic)
- Gloves (insulated, waterproof)
- Toque (beanie)
- Sun hat (ball cap)

Overnight Equipment (Hut Based Overnight):

- Pack (45-65L)

- Sleeping bag (adequate for conditions, -5 to -10)

Special course level 2 and 3 equipment needed for each student

(possibility of renting the full package at WAS for \$150CAD)

- Ice axe, alpine ice axe 50 cm to 70 cm shaft
- Ski touring harness
- D shaped locking carabiner x 3 (pear shaped are fine too)
- TRI lock or directional carabiner x 1
- Non-locking carabiners x 3
- Belay device (Petzl Reverso 4 or Black Diamond Guide)
- 120cm sewn sling, spectra
- 1.5 m 6 mm cord / Prussik
- 5 m 6 mm cord / Prussik